**Informed Client Consent for Treatment of Sensitive Areas**

I understand massage therapy and/or manual osteopathic therapy is an aid to health and is not meant to replace medical diagnosis and treatment.

I am aware that there are occasions when during the course of one of these treatments it may be beneficial for the therapist to provide treatment to one or more of the following areas which are considered to be sensitive areas: the inner thigh, the groin, the gluteal, the chest, or the breast. I understand that I may refuse treatment to any area at any time.

I have had the opportunity to discuss the need for treatment to one or more of these areas today with my therapist, and I give my informed consent to the treatment of the following areas:

Clinic \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Therapist Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

DATE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Areas I Give Consent to Treat (Check all that Apply)**

□ Inner Thigh - Adductors, Sartorius, Gracilis

Purpose-internal and external rotation of the thigh. Hip pain, low back pain,

knee pain.

□ Groin - Deep hip flexors, Psoas major, Adductors, Pectineus Purpose- Hip pain,

Low back pain, Knee pain, Abdominal pain

□ Gluteal - Gluteus Maximus, Gluteus medius, Gluteus minimus, Piriformis

Purpose - Nerve impingement, Sciatic pain, Low back pain, Mid back pain,

general back pain, tight hamstrings

□ Chest- Pectoralis major, Pectoralis minor, Subscapularis, Subclavius,

Intercostal muscles.

Purpose- Neck pain, upper back and mid back pain, restricted breathing (hard

to take a big breath in) Shoulder pain, shoulders anteriorly placed. (Common

when working on a computer for long periods of time)

□ Breast- At this time I do not offer breast massage.

Client Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Client Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_