

# **CMMOTA School Approval System Recommended MOT Text Books**

## **General Osteopathic Therapy**

### **General Osteopathic Treatment**

Robert-Johnston

### **The Philosophy and Mechanical Principles of Osteopathy**

A. T. Still

### **Atlas of Osteopathic Techniques**

Alexander Nicholas and Evan Nicholas

### **Osteopathy Models for Diagnosis**

Jon Parsons and Nicholas Marcer

## **Fascial Related**

### **The Fasciae: Anatomy Dysfunction and Treatment**

Serge Paoletti

### **Fascial Dysfunction**

Leon Chaitow

## **Visceral Release**

### **Visceral Manipulation in Osteopathy**

Eric Hebgén

### **Visceral Manipulation**

Jean-Pierre Barral and Peirre Mercier

## **MET and Osteoarticulations**

### **Muscle Energy Techniques**

Leon Chaitow

### **Muscle Energy Techniques A Practical Guide for Physical Therapists**

John Gibbons

### **Muscle Energy Manual**

Fred L. Mitchell Jr

## **CranioSacral and Cranial Osteopathy**

### **CranioSacral Therapy**

Upledger

### **Foundations in CranioSacral Biodynamics**

Franklyn Sills

### **Cranial Osteopathy A Practical Textbook**

Torsten Liem