

GoodLife
CORPORATE WELLNESS

WORK. LIFE. BALANCE.



CMMOTA – Canadian Massage & Manual Osteopathic Therapist Association

Included with your corporate membership



- Significant savings off regular GoodLife Fitness All-Access membership rates
- Corporate rate may be extended to four family members
- State-of-the-art cardio equipment
- Free weights and weight machines
- World-renowned Group Fitness classes
- Professionally trained staff to assist you in achieving your goals
- Shower Towel Service (where available)
- Child Minding (where available, at an additional fee)
- Seeking a health or fitness assessment? Ask the Club about a LifeChanger
- 24-hour locations (select Clubs only)
- Access to the GoodLife Rewards Program - savings and special offers from over 150 popular brands

SAVE UP TO 40%

OFF REGULAR GOODLIFE FITNESS MEMBERSHIP RATES

Access to over 250 GoodLife Fitness Clubs across Canada

Try us free for 7 days goodlifeatwork.com/trial
Ready to join? Visit corporate.goodlifefitness.com